

About the Brentwood Learn to Skate Program

The ***Brentwood Learn to Skate Program*** is a community skating program managed by the Brentwood Community Association which provides skating programs and coaching that encourages skaters to achieve their own personal best performances in a positive, safe, and fun skating environment. Our mission is to allow skaters to develop fundamental to advanced skating skills, goal-achievement and creativity within our skating programs.

We currently offer group learn to skate programs for ages 4 to 12 for beginners and/or recreational skaters. At Brentwood, we strive for continuous progress with an emphasis on quality instructions, learning consistency and a strong technical standard of skating.

Learn to Skate Programs

The **Learn to Skate Program** is designed for beginner skaters of ages 4- 12 that focus on the development of fundamental skating skills and movements. This program offers skating instruction taught in a group lesson format by certified Professional Coaches who are assisted by trained Program Assistants. The Learn to Skate program consists of 7 progressive levels of development and in each level; there are 3 fundamental areas of focus: Balance, Control and Agility.

On-ice delivery of skating skills will focus on improving and mastering the basic skating skills expected in each of these fundamental areas. Report Cards and certificates will be awarded to skaters who have executed the skills in each stage.

Kick-Starters On Ice Program Learn to Skate for Beginner Level

- Ages 4 & Up.
- A kick-starter Learn to Skate Program for beginner skaters focusing on learning how to balance on their feet while developing fundamental skating skills.
- We strongly recommend registering for 2 days of skating per week for better skating progression.

Kids On Ice Program Learn to Skate for Levels 1-6

- Ages 5 & Up
- A Learn to Skate Program focusing on developing solid fundamental skating skills and movements with Balance, Control and Agility to set up kids for success in any skating discipline such as Hockey, Figure Skating and Ringette.
- We strongly recommend registering for 2 days of skating per week for better skating progression.

Equipment

- A CSA approved helmet and warm gloves is mandatory.
- Proper fitting skates and skating equipment are required. ***VERY IMPORTANT for better skating progression and for preventing ankle/foot injuries!***



Learn to Skate Etiquette Rules & Guidelines

To ensure a safe, fun and positive skating environment for Learn to Skate participants, skaters and parents should review and respectfully adhere to the Learn to Skate Etiquette Rules & Guidelines before the first Learn to Skate session outlined in our [Code of Conduct](#).