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THE OFFICIAL BRENTWOOD COMMUNITY NEWSLETTER



*Cover Photo by Angela Leavens*



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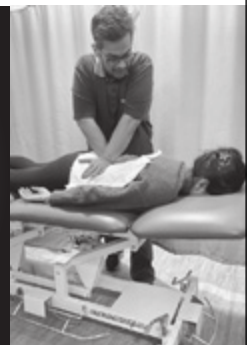


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# Brentwood COMMUNITY ASSOCIATION

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### News, Events, & More



### Crime Statistics



### Real Estate Statistics



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Dear Brentwoodians,

## Municipal Elections

The recent municipal elections have resulted in a very new-looking city council – congratulations to Mayor Jeremy Farkas and Ward 4 Councillor DJ Kelly. We look forward to a productive, collaborative, and attentive council session!

Unfortunately, voting day was marked by long delays, as officials completed additional paperwork in compliance with new provincial rules – supposedly intended to avert voter fraud even though there is zero evidence that this has been a problem anywhere in Alberta. Let's hope the provincial government hears the frustrations of Calgarians and other Albertans and acts to make voting more convenient and accessible.

The delays were compounded by Elections Calgary's bizarre decision to open polls at 10:00 am on election day, thus making it impossible for people to vote on their way to work. These people instead added to the evening queues, and some may not have been able to make it to a polling station at all. The result of these two factors was a 7% drop in voter turnout, down to a disappointing 39% of eligible voters. Hopefully this will be addressed by the next election, because the more people that participate in our democratic processes, the stronger we are as a city, province, and country.

## Holidays

For many Brentwoodians, December is a time of religious and/or cultural celebrations. We seek cheer, music, and light at the darkest time of year in order to brighten our spirits and get us through the cold winter. But for many

people in our community, holidays can be a time of sadness and isolation, a reminder of economic struggles or of loved ones lost. The BCA and Brentwood Cares do so much work to help people in our neighbourhood and beyond, so please consider supporting the Little Free Food Library and their other initiatives to support and build community. If you do not already receive their newsletter, please contact Cam Howey at [cam.howey@gmail.com](mailto:cam.howey@gmail.com) to sign up and see how you can participate.

## Photo Contest

The *Bugle* is looking for Brentwood's best amateur photographers to provide cover images each month. If you have a great snap of our neighbourhood saved on your phone or posted on your social media feed, send it in for a chance to be featured on the cover of an upcoming issue! Photos must be 300 DPI or higher (i.e. from a newer model phone or good digital camera) and 2400 x 1600 pixels minimum size. If submitting pictures of minors, please make sure that you have direct, express permission to submit the picture from a parent or guardian. Send your photos, or any questions, to [bcabugle@telus.net](mailto:bcabugle@telus.net).

Yours sincerely,

*Jonathan Jucker*

Editor, Brentwood Bugle



## X Marks the Festive Spot



You might think "Xmas" is just a modern-day abbreviation for Christmas—but it actually dates back to the 16<sup>th</sup> century! The "X" comes from the Greek letter "Chi" which is the first letter of the word "Christos" meaning "Christ".

# Brentwood

## Community Association Membership Application

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First Name: \_\_\_\_\_

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### **Brentwood Cares - Little Food Library and More!**

With your donations and support, we continue to stock the Brentwood Cares Little Food Library twice daily, for use by people of all ages and circumstances, from elders to students.

Unopened, sealed items can be dropped off in the library itself or in the box beside the door at 3624 Boulton Road at any time. Hats off to Brentwood for your continued support!

*Liza and the Brentwood Cares Team*

### **Buy Nothing Brentwood**

Give freely; share creatively! Post anything you'd like to give away, lend, or share; ask for anything you'd like to receive or borrow.

Check out the Buy Nothing Brentwood/Charleswood/Collingwood Facebook page, or [buynothingproject.org](https://buynothingproject.org).

### **Calgary Police Service on Nextdoor!**

Calgary Police Service now has a dedicated space to engage with community residents. <https://ca.nextdoor.com/agency-detail/ab/calgary/calgary-police-service/>.

For more information or to join Nextdoor, download the app or visit [nextdoor.ca](https://nextdoor.ca) today!

### **CPS Community Safety Guide**

<https://brentwoodcommunity.com/2024/11/21/cps-community-safety-guide/>.

### **Your Representatives in Brentwood**

**City Councillor:** DJ Kelly (Ward 4):  
[ward04@calgary.ca](mailto:ward04@calgary.ca).

**MLA:** Luanne Metz (Calgary-Varsity):  
[Calgary.varsity@assembly.ab.ca](mailto:Calgary.varsity@assembly.ab.ca); 403-216-5436.

**MP:** Corey Hogan (Calgary Confederation)

**CPS Community Police Officer:** Constable Reinders:  
[pol4241@calgarypolice.ca](mailto:pol4241@calgarypolice.ca); 403-428-6342.



## Public Skating

**Mondays: 10:00 to 11:30 am**

September 8 to December 22, 2025

January 5 to March 23, 2026

**Wednesdays: 1:30 to 3:00 pm**

September 10 to December 17, 2025

January 7 to March 25, 2026



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## No Public Skating Dates:

December 24, 29, and 31, 2025, February 16, 2026

\*No public skating on Statutory Holidays

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Public skating only—no sticks, pucks, sleds, or strollers. We do not supply skating assistance equipment. Anyone under age 18 must wear a helmet.



AGES 4-15  
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THURSDAYS: 6:00-7:00 PM  
SATURDAYS: 10:45-11:45 AM

Registration for the new skating season will start from July 2nd 2025, until the programs are full!

The skating season will run from September 11th, 2025 to March 14th, 2026.

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Brentwood Sportsplex Arena  
1520B Northmount Drive NW  
Calgary, AB, Canada T2L 0G6

## Fingerprints

Though identical twins have the same DNA, they experience development differently. One interesting part of this, is that due to environmental factors in the womb they will not have the same fingerprints!



## A Salute to Gardeners

by Lee Hunt

When you read this article in December, there may well be frost in the air and snow on the ground. But keep in mind that articles for *The Bugle* must always be submitted a full month or more in advance.

So... let me take you back in time to our relatively warm autumn.



On the beautifully sunny morning of September 20, some 20 people gathered to prepare the Brentwood Community Garden for the winter. As Garden Coordinator Cynthia Sim put it, "It was great fun to see separate groups of folks chopping up pruned greens for the compost, another cluster of volunteers screening the compost... and

all of the shovel wielding of soil being done by 'the guys' – Bill, Matt, Jeff, Craig, Xia, Hasib, and Travis – as three of the garden beds were dismantled and relocated with their new frames." As Cynthia summed it up, "The energy in the garden was palpable".

Cynthia also indicated "a special nod to Bill who kept the dismantling and relocation of the beds well organized and to Kathy who kept tabs on all of the other activities, providing input and support where needed".



After all of that harvesting, building, and cleanup, it was time to celebrate! The wrap up potluck dinner, coordinated by Cambria Harvey, was held on October 4 at the Brentwood Sportsplex. The food was tasty, door prizes plentiful, and conversation lively. Special thanks to Cynthia for arranging door prizes. Also, thanks to her young assistants who helped to draw the names of prize winners. We appreciate the businesses and services which contributed door prizes – Brentwood Co-op, The Wilder Institute/Calgary Zoo, Coast to Coast Pizza, Prairie Mill Bread Co., and the North Hill Home Depot.

Thanks to all who participated in gardening this past summer. Your enthusiasm and support are terrific!

If you would like to join this energetic group next year, please contact Cynthia Sim at [Cynthia.Sim@brentwoodcommunity.com](mailto:Cynthia.Sim@brentwoodcommunity.com).

P.S. Happy holidays to all of our readers. May 2026 bring you new adventures and joyful moments.



# Self-Care Through the Holiday Season

by Nancy Bergeron, R.Psych | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)

The holiday season often arrives with a mix of excitement and exhaustion. Between family gatherings, financial pressures, and the weight of expectations, it's easy to lose sight of your own well-being. Yet caring for yourself—body, mind, and spirit—is one of the most meaningful ways to experience the season with more peace and joy.

Here are some simple ways to stay grounded and well through the holidays.

### 1. Slow Down and Simplify

The holiday rush can make even meaningful traditions feel like chores. This year, consider doing less so you can enjoy more.

Ask yourself:

- What truly brings me joy or connection?
- What could I let go of this year?

Simplifying plans, menus, or gift lists can make space for rest, laughter, and moments of genuine presence.

### 2. Nourish Your Body with Care

Cold weather, busy schedules, and rich food can leave you feeling depleted. Instead of striving for perfection, focus on gentle balance.

Eat regularly, stay hydrated, and make time for movement—even a short walk outside helps reset your nervous system. Rest when you can. Your body is not a machine; it's your home.

### 3. Set Emotional Boundaries

The holidays often highlight complicated relationships. You have the right to protect your emotional energy.

It's okay to say "no", leave early, or change plans that don't feel right.

Boundaries aren't unkind—they're how we create safety and preserve the capacity to show up with love where it matters most.

### 4. Stay Connected to What Matters

Amid the noise and marketing, take moments to remember what feels meaningful to you.



That might be spiritual reflection, gratitude, giving, or time in nature. Meaning doesn't come from doing more—it comes from doing what aligns with your heart.

### 5. Mind Your Inner Dialogue

Many people carry silent stress about doing the holidays "right." Notice the voice of pressure or guilt and replace it with compassion.

Instead of, "I should be happier," try, "It's okay to feel however I feel today."

Self-kindness softens expectations and makes room for authentic joy.

### 6. Create Restorative Moments

Small, intentional pauses can have a big impact:

- Light a candle and breathe deeply for one minute.
- Step outside and notice the winter air.
- Write down one thing you're grateful for each day.
- These simple rituals help your mind and body reset amid the busyness.

### 7. Ask for Support When You Need It

If the holidays stir up grief, loneliness, or old wounds, you don't have to face it alone. Reach out to a trusted friend, support group, or therapist.

Sometimes the bravest thing you can do is acknowledge that you're struggling and allow others to meet you there.

### 8. End the Year with Reflection, Not Resolution

Before jumping into goals for the new year, pause to reflect.

What did you learn? What moments mattered most? What are you ready to release?

Reflection honours your growth and sets the stage for gentle, sustainable change—no pressure required.

# Remembering Madeleine Oldershaw

*by Melanie Swailes on behalf of the Development and Transportation Committee*

When we walk around Brentwood, most of us take for granted many of the best community assets, including Nose Hill Park (instead of a hill full of houses!), Whispering Woods natural area, or our Community Garden. Behind each, there were dedicated volunteers who made those areas possible. Madeleine Oldershaw was one of those unsung heroes.

I met Madeleine years ago when she joined our Development and Transportation Committee (DTC). She wanted to join because she said she cared about our community and wanted to have a voice in future redevelopments and changes. Madeleine was an eager learner, signing up for Planning Engagements and learning sessions. I later found out that should not have been surprising, given her strong academic background. Her daughter, Christine, told me that both her parents highly valued lifelong learning.

Madeleine was born and raised in Blackpool, England. She attended the University of Liverpool and earned a Bachelor of Science with honours in 1962. Madeleine went on to complete her thesis in geology on "The Application of Rock Magnetism to Some Geological Problems", earning herself a Ph.D. from the Faculty of Science in 1968.

In the 1960s, Madeleine's achievements were even more remarkable than they would be today. As one of our DTC members, Dianne Draper (herself a Professor Emerita at the U of C) commented: "even today, women who contribute significantly and in various ways to society are often overlooked or ignored; whether they are 'scientists' or 'citizen scientists' their contributions need to be and should be heralded."

Madeleine met her future husband, Alan Oldershaw, at the University of Liverpool. They married and moved to Canada in the 1970s, first to Toronto, then on to Calgary where they raised their two girls, Karen and Christine, in Brentwood. Madeleine worked as a Geophysicist and Alan was a Geologist/Professor at the University of Calgary until their retirements.

Madeleine's academic training came in handy for our Development and Transportation Committee as well. Following a well-attended meeting with citizens about blanket rezoning, Madeleine volunteered to tabulate a number of the responses to key questions in our survey. She worked and re-connected with Dianne Draper, who had taught Madeleine's daughters as a U of C professor! Dianne wrote that Madeleine helped with the "quantitative aspects" and we "immensely appreciated the time and effort she put into helping us convey to City Council what the survey revealed about citizens' perspectives on the rezoning issues".

Despite her achievements, academically and professionally, Madeleine was humble and down-to-earth. She was immensely approachable, and I'd often run into her while she was walking her dog, Lizzy, on the John Laurie bike paths. Long conversations would follow, and she knew so many people (and their dogs), that I doubt short walks were ever possible! Madeleine was also an advocate for animal rights and Christine noted that she "helped me with fostering kittens and puppies".

Madeleine loved the outdoors. She was part of "Friends of Nose Hill", a group who worked to create Nose Hill Park in the 1980s. Madeleine participated in meetings, cleanups on the hill, and more: she was always ready to challenge city hall and the Parks department on their actions that concerned the Hill. After her passing, one Brentwood resident wrote "I think we owe her (and the others involved) a great deal of gratitude for her/their vision, their fight to establish the park, and for the wonderful space that Nose Hill Park provides for Calgarians". The Community Garden also benefited from Madeleine's care and attention, and Cynthia Sim, Coordinator of the Brentwood Community Garden, wrote: "Madeleine planted bed #7 for many years. She loved to grow beans and was very successful. She also donated all of the black currant bushes on the west side of the perimeter. They came in as very small seedlings in 2016 and have continued to thrive every year." Madeleine has left many lasting legacies.

I will remember her as a person who smiled a lot and was kind to all. She was not afraid to voice her opinions on any topic (in that wonderful British accent), and we gained a lot when she joined our group. Sincerest condolences to her family on behalf of the Development and Transportation Committee but also on behalf of Brentwood residents who never met her but gained from her dedication to the community.

## News from the Friends of Nose Hill

by Anne Burke

Sites of prehistoric interest relate to the precontact history of Native use and settlement. These valuable archaeological resources represent 10,000+ years of occupation by Native inhabitants of the Calgary region. In all, 45 archaeological sites on Nose Hill have been recorded. Stone feature sites include cairns (a human-made pile of stones as a landmark, marker, or memorial), alignments (arrangements in a straight line or correct relative positions), and stone circles. Archaeological studies of Nose Hill began in the early 1970s. Students from the University of Calgary carried out surveys of the entire Calgary region; five prehistoric sites were recorded in what is now the park. These include three tipi ring sites, a lithic (stone) scatter, and a prehistoric campsite.

When the City planned a municipal park for Nose Hill, a Historical Resources Inventory was required in 1978 within the proposed boundaries. The results were a cairn, ten campsites (two with tipi rings), a glacial erratic, four isolated finds, a kill site, 18 lithic scatters, a rock mound site of overgrown gravel, and six tipi ring sites. The Alberta Government in Edmonton held microfiche copies of permit and research reports, in which existing resources were described. In 1982 and 1983, a spring survey of stone circles along the southern margin of the uplands of Nose Hill recorded 60 new rings. This was followed by a series of field trips in the summer and fall of 1993. Conditions were poor, with high grass. The focus was on undisturbed sites but limited to revisiting all the original sites. Aerial photo mosaics of Nose Hill were prepared. Overlays combining trails and archaeological resources were used to relocate sites in the field. Best estimates of site locations were recorded using a GPS receiver.

## Cats, Canines, & Critters of Calgary



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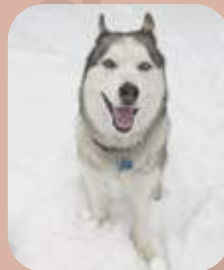
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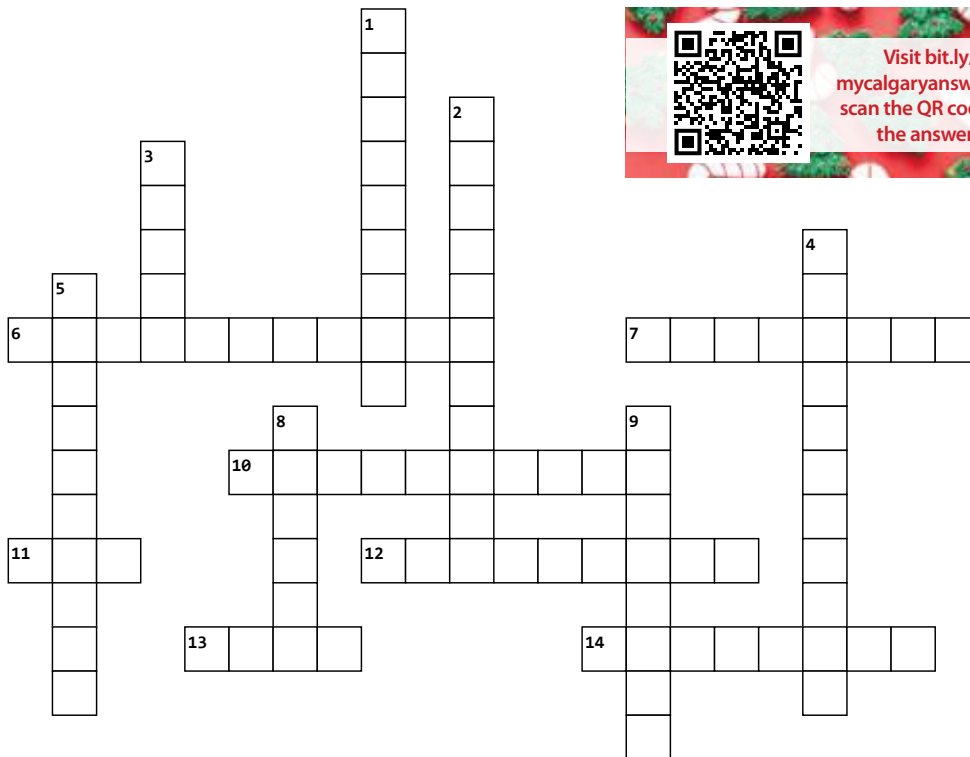
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# December Crossword



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers) or scan the QR code for the answers

## Across

6. The Statute of \_\_\_\_\_ passed on December 11, 1931, granting Canada full legislative independence from the British Empire.
7. Known for his role in *Stranger Things*, Canadian actor Finn \_\_\_\_\_ celebrates his birthday on December 23.
10. The \_\_\_\_\_ is also known as the Christmas flower.
11. "Gangnam Style" by \_\_\_\_\_ became the first YouTube video to reach one billion views on December 21, 2012.
12. In December 1612, astronomer Simon Marius made the first known telescopic observation of this galaxy.
13. *Star \_\_\_\_\_: The Motion Picture* premiered on December 7, 1979.
14. December 14 marks the start of this Jewish holiday.

## Down

1. The bust of this Egyptian queen was found on December 6, 1912.
2. Annually on December 12, \_\_\_\_\_ House Day is celebrated.
3. The first human-to-human \_\_\_\_\_ transplant was performed on December 3, 1967, by Dr. Christiaan Barnard in Cape Town, South Africa.
4. \_\_\_\_\_'s ballet, *The Nutcracker*, premiered in Saint Petersburg on December 18, 1892.
5. Jane Austen's last novel, \_\_\_\_\_, was published on December 20, 1817.
8. Two years after being stolen, the "Mona Lisa" was returned to this museum on December 12, 1913.
9. Ferguson Jenkins born on December 13, 1942, in Chatham-Kent, was the first Canadian inducted into the \_\_\_\_\_ Hall of Fame.



# BRAIN GAMES

# SUDOKU

	3	2		7				
7						1	3	
	5			3				7
		9	6					3
	7		8	9	5		6	
2					3	5		
4				1			9	
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SCAN ME

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## Top #2 Outstanding Team in the Year of 2024

### ON THE MARKET

#### 1310, 3500 VARSITY DRIVE NW (VARSITY)

Welcome to McLaurin Village in the heart of Varsity, this outstanding two-storey townhouse offers over 1,090 sq. ft. of comfortable and quiet living space, two balconies — both facing the green space for peaceful views year-round. Renovated 4-piece bathroom with full tile surround to the ceiling and detailed carpentry finishes. All windows, front entrance door, and patio door were replaced in 2017 for enhanced energy efficiency and modern aesthetics. You're just minutes away from everything: University of Calgary and Brentwood LRT.

Asking \$329,900 mls# A2254011

#### 301, 3420-50 STREET NW (VARSITY)

Quiet 2 bedroom condo on the third floor, big sunny balcony, a well-maintained building in the heart of Varsity. New painting, upgraded kitchen, open floor plan. Located right across Market Mall, this complex is convenient with public transit nearby, close to key transportation corridors (Shaganappi Trail, Crowchild Trail), a short walk to the University District, and proximity to U of C, Alberta Children's Hospital, Foothills Medical Centre.

Asking \$239,900 mls# A2267119

#### 3303 BOULTON ROAD NW (BRENTWOOD)

A beautifully kept bi-level home situated on a 51' x 110' lot in the sought-after community of Brentwood! With ~1,070 sq.ft. above grade, the main floor hosts three comfortable bedrooms and an updated 4-piece bathroom. The fully developed lower level features a spacious family room with large windows, a fourth bedroom, and a full 3-piece bathroom. Walk to all levels of schools, the community swimming pool, library, Brentwood Village shops and the updated Northland Shopping District, and the Brentwood LRT station.

Asking \$674,900 mls# A2260697

#### 2212-5 AVENUE NW (WEST HILLHURST)

Stylish semi-detached in West Hillhurst, well-maintained and prime location, two-storey home. With over 3,000 sq. ft. of developed living space, this residence offers the perfect blend of functionality and style, featuring 9-ft ceilings, rich hardwood floors, and a striking tile-faced fireplace framed by custom built-in bookshelves. The chef's kitchen is the centerpiece, boasting quartz countertops, and a large island with breakfast bar. A curved staircase, illuminated by a skylight, leads to the upper level. The fully developed basement offers 9-ft ceilings, a large recreation room, an additional bedroom with walk-in closet and an egress window. Just minutes from downtown and steps from schools, parks, and vibrant community amenities.

Asking \$938,000 mls# A2257023

#### 42 COLLINGWOOD PLACE NW (COLLINGWOOD)

An outstanding brand new luxury home in the heart of Collingwood! >3,000 sq.ft. of opulent living space - stacked with plenty of features the builder has planned and executed meticulously throughout the process. At the center is a chef's kitchen with an oversized island, quartz counters and backsplash, LED-under-lighting, full-height cabinetry and a pot-filler above the 36" gas range. A coffee bar with cabinetry and a beverage fridge adds convenience. This home has a legal 2 bedroom basement suite and a double attached garage. Separate furnace systems, with AC installed for the main dwelling unit. Close to the Calgary Winter Club.

Asking \$1,199,900 mls# A2251770

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