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DJ KELLY FOR WARD 4



Calgary's Future Announces Official Endorsement for Ward 4: DJ Kelly

DJ Kelly is a Proven Community Builder

Calgary City Council candidate DJ Kelly is a dedicated community leader who lives and works in Ward 4, where he's raising his family. He's the former Community Association President in Winston Heights-Mountview. DJ is a former City staffer who authored Calgary's Digital Strategy and also led strategy on the Corporate Cultural Transformation Project. He initiated Calgary's Open Data Portal, making City data available to the public, and the Calgary's Poet Laureate program.

As Director of Community Partnerships at the University of Calgary, DJ has built impactful partnerships with many different community groups to improve the lives of Calgarians, such as TELUS Spark, Calgary Economic Development, Calgary Pride, Calgary Stampede and United Way of Calgary and Area. DJ has also been recognized with local, national and international awards for his volunteer work.

Here's why DJ Kelly is the right choice

Here at Calgary's Future, we're looking for council candidates who will give their community a real voice at City Hall. DJ's already led key municipal projects and championed transparency. He's helped build Calgary's reputation into a creative hub for arts and culture.

He knows how the City works better than most people, and he's demonstrated time and again that his main priority is to make Calgary, and Ward 4 a better place to live. We're confident he'll show up for his ward to do more than just vote no. Ward 4 deserves a councillor who knows the city, lives the issues, and gets things done. That's DJ Kelly.

Here's why we're endorsing DJ Kelly:

- **Knows Ward 4:** Longtime resident, active in local schools and community groups.
- **City Hall experience:** Former City staffer who already knows how to get things done.
- **Proven leader:** Builds partnerships that make Calgary better.

"I first ran in 2021 because neighbours asked me to step up when Ward 4 needed strong representation. Today, I'm running again because Calgary is at a turning point. We need councillors who listen, collaborate, and take action to build a city that works for everyone."

– DJ Kelly, Calgary City Council Candidate for Ward 4



If you want to hear more about where DJ Kelly stands on the critical issues facing Calgarians, check out his answers to our Candidate Questionnaire.

Brentwood COMMUNITY ASSOCIATION

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Dear Brentwoodians,

Trees

Yesterday a city contractor removed a tree in the small park across the road from my house, and while I am sure there was a good reason for doing so, it made me feel a little sad as well. My son and his friends had used its forked trunk for building forts, and the corner of the park it formerly occupied seems a bit bare now. It was also quite surprising to see just how quickly the crew took the tree down – something that seemed so strong and permanent was gone in less than an hour.

This summer has not been a bad one for smoke here in Calgary, but much of the rest of Canada has experienced another season of hot, dry weather and major wildfires. While we were visiting family in Nova Scotia, the government there banned all trail use due to the tinder-like conditions of the woods there, and in Cape Breton we saw acres of downed trees left by Hurricane Fiona in 2022, just waiting for a wayward spark or lightning strike to ignite. The loss of so much tree cover across our country (and the planet) also represents the loss of an important means of moderating extreme temperatures and threatens a vicious cycle of larger fires and more drought.

I thought about trees again while I was driving into a newer neighbourhood in Calgary's deep south last weekend: like so many new neighbourhoods, the streets are lined with meagre saplings that offer little shade (and no fort-building opportunities). Hopefully in time these will come to resemble the beautiful tree-filled streets of Brentwood and other established neighbourhoods.

We are fortunate here to enjoy the tree canopy we do, especially at this time of year as the larches and other deciduous trees put on a colourful show. I hope that decisions to remove mature trees are not taken lightly, because they are incredibly valuable to our quality of life and of course take decades to be replaced.

If you want to contribute to our city's tree canopy, I encourage you to mark your calendars for February and sign up for the Branching Out tree program, through which the City offers trees free of charge to residents. You can find details here: <https://www.calgary.ca/parks-rec-programs/nature/branching-out.html>.

Photo Contest

The *Bugle* is looking for Brentwood's best amateur photographers to provide cover images each month. If you have a great snap of our neighbourhood saved on your phone or posted on your social media feed, send it in for a chance to be featured on the cover of an upcoming issue! Photos must be 300 DPI or higher (i.e. from a newer model phone or good digital camera) and 2400 x 1600 pixels minimum size. If submitting pictures of minors, please make sure that you have direct, express permission to submit the picture from a parent or guardian. Send your photos, or any questions, to bcabugle@telus.net.

Yours sincerely,

Jonathan Jucker

Editor, Brentwood Bugle



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Wednesdays: 1:30 to 3:00 pm

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Connect With
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by Anne Burke

The first recorded land occupancy of Nose Hill was an 88,000-acre lease in 1882. Large range leases were bought by well-financed ranchers, such as Senator Patrick Burns, who purchased most of two sections of Nose Hill. Cattle grazing occurred until Nose Hill was established as a park. Crops, such as wheat, oats, and rapeseed, were first grown on the plateau in 1907. Privately held farmland was horse pasture until 1912. The negative impact of horse and cattle grazing was widespread on slopes and ravines. However, it helped to control taller nuisance weeds, such as thistle and common nettle.

By 1910, Calgary's boundaries extended north to 48 Avenue. Residential development between 1945 and 1959 pushed as far north as Capri Avenue and east of 14 Street as far north as 56 Avenue. Aerial photographs reveal traffic to and from fields on the Hill to sites in the ravines and gullies along the escarpment. There were many old vehicle trails. Pickups and 4x4 trucks on the Hill used the sloping benches south of 56 Avenue and east of 24 Street. Trail development and use by walkers increased with the Winter Club.

Gravel mining began in 1961. Many Owls Valley was part of the route for commercial trucks on the main road and along the ridge on the south slope of the valley. Severe damage was caused to slope crests and the top of hummocky areas. Construction of John Laurie Boulevard in 1968-69 caused overuse in areas without fencing. More people trespassed on private lands north of the Boulevard or drove to riding club stables south of the gravel pit. There were many horse trails and dirt bikes, walkers, and joggers from 1975 to 1980. Agriculture on the Hill was suspended in 1979.



Brentwood Cares - Little Food Library and More!

With your donations and support, we continue to stock the Brentwood Cares Little Food Library twice daily, for use by people of all ages and circumstances, from elders to students.

Unopened, sealed items can be dropped off in the library itself or in the box beside the door at 3624 Boulton Road at any time. Hats off to Brentwood for your continued support!

Liza and the Brentwood Cares Team

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Check out the Buy Nothing Brentwood/Charleswood/Collingwood Facebook page, or buynothingproject.org.

Calgary Police Service on Nextdoor!

Calgary Police Service now has a dedicated space to engage with community residents. <https://ca.nextdoor.com/agency-detail/ab/calgary/calgary-police-service/>.

For more information or to join Nextdoor, download the app or visit nextdoor.ca today!

CPS Community Safety Guide

<https://brentwoodcommunity.com/2024/11/21/cps-community-safety-guide/>.

Your Representatives in Brentwood

City Councillor: Sean Chu (Ward 4): ward04@calgary.ca; 403-268-3727.

MLA: Luanne Metz (Calgary-Varsity): Calgary.varsity@assembly.ab.ca; 403-216-5436.

MP: Corey Hogan (Calgary Confederation)

CPS Community Police Officer: Constable Reinders: pol4241@calgarypolice.ca; 403-428-6342.



Brentwood Community Association Membership Application

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The Birth of Ballet

On October 15, 1581, Catherine de' Medici, the Queen Mother of France, commissioned "Ballet Comique de la Reine" in Paris. The performance depicted the myth of Circe from Homer's *Odyssey* and is believed to be the first true ballet, combining music, dance, plot, and staging.



Off the Bookshelf

by Rosemary Brown

This past month was spent reading about the lives of two extraordinary people: one a formidable Indigenous advocate, and the other a comedian and broadcast personality. Both are inspirational.

Hòt'a! Enough! George Erasmus' Fifty Years Battle for Indigenous Rights combines biography and autobiography, with Wayne K. Spear introducing each section followed by personal reflections from Erasmus. Wayne K. Spear is Mohawk, and an author and journalist.

Born in Fort Rae, Northwest Territories, Erasmus was raised in Yellowknife from the age of one. His father was Cree, and his mother was Tlicho (Dene). *Hòt'a! Enough!* recounts his early years as the eldest of 11 siblings; learning to hunt, trap, and fish; and attending high school in Yellowknife.

Then we follow Erasmus' political career beginning with the Company of Young Canadians, going on to the Indian Brotherhood which later became the Dene Nation, the Assembly of First Nations, the Aboriginal Healing Foundation, and as a Dene negotiator for land rights. Throughout his political career Erasmus demonstrated a commitment to grassroots community organizing, and the principles of self-determination and commitment to not extinguishing Indigenous title to the land. He never sold out and was a formidable negotiator.

Spear points out that those who knew Erasmus only as a political figure did not always see the private man who was known to be very kind and caring to family and friends, who lived with cats, built with his hands, and loved to feed the birds rather than hunt them. Now in his late 70s, Erasmus is a man we can all learn from.

Twenty years after Georges Erasmus' birth, and on the other side of the country, Candy Palmater was born in the small town of Point La Nim, near Dalhousie, New Brunswick. Her father was Mi'kmaq and her mother was white. They were in their 40s when they had Cindy, the youngest of seven children. Cindy was a member of the Eel River Bar First Nation.

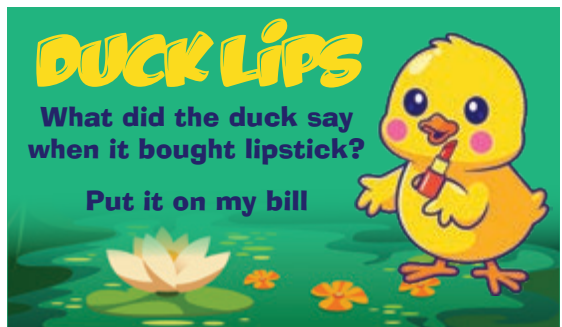
Upon starting her memoir *Running Down a Dream*, I felt as if I had been invited to sit down at a kitchen table and have a chat over a cup of tea, and that feeling continued throughout the book as Palmater is a brilliant storyteller. The anecdotes from her childhood and later life are captivating.

Her book is framed around three themes; "It's not too late; you will fail; and you are enough."

Palmater is very candid about her failings and the many mistakes she made throughout her 20s in her personal life. In her late twenties she became a lawyer, a profession she left after three years at age 32. At this time, she also left a long-term dysfunctional relationship and began living with Denise Tompkins, who became her wife.

She then worked for the provincial government as a civil servant in various roles, the last in Indigenous Education. She realized during this time that she was increasingly drawn to public speaking and later performance. Several years followed of being a civil servant by day and a stand-up comedian at conferences at night and on weekends, until she left her day job to pursue her dream of having her own program, "The Candy Show" on APTN. She also appeared on CBC's "Q" and "Because News", among many other things. Her observations about the relationship between a performer and the audience are fascinating.

Palmater described herself as a Queer, Indigenous recovered lawyer who became a feminist comic. Sadly, she died at home on Christmas Day 2021 at the age of 53, succumbing to a disease for which she had been treated at St Michaels' Hospital in Toronto. One can't help but wonder what other dreams Palmater would have chased—all the while remembering that "It's not too late; you will fail; and you are enough."



How You Can Support an Emotionally Avoidant Partner

by Nancy Bergeron, R. Psych. | info@nancybergeron.ca



Supporting a partner who struggles with emotional vulnerability can be challenging—especially if your own emotional needs aren't being met. You can offer support, but you are not responsible for doing their emotional work for them. Here are some ways you can create a safer environment for emotional connection:

1. Model Emotional Safety

- Be open with your own emotions in a grounded, non-blaming way.
- Use “I feel” statements instead of “You never” accusations.
- Normalize vulnerability by showing that emotions are human, not shameful.

2. Respect Their Pace—but Hold Boundaries

- Understand that emotional change takes time.
- Avoid forcing deep conversations when they're emotionally shut down.
- At the same time, be clear about your own needs. It's okay to say, “I need emotional openness in this relationship to feel connected.”

3. Affirm Effort, Not Just Outcomes

When your partner makes even a small attempt to open up, acknowledge it gently. “Thank you for sharing that.

It means a lot.” “I know that wasn't easy for you to say.” Positive reinforcement helps override the fear that emotional vulnerability will lead to shame or rejection.

4. Don't Take Avoidance Personally

Their emotional withdrawal is usually about self-protection, not about you. Try not to interpret their distance as lack of care—it's more often fear, confusion, or discomfort.

5. Encourage—but Don't Rescue

- Invite them into deeper connection but avoid doing all the emotional work.
- Encourage therapy or men's support groups where they can build emotional awareness in a safe space.

6. Stay Connected to Your Own Emotional Needs

Supporting someone else emotionally doesn't mean abandoning your own needs. Therapy, journaling, or support groups can help you stay grounded and clear about what you need in the relationship.

Emotional avoidance doesn't mean a man is incapable of love—it means he may be stuck in old protective patterns. With patience, boundaries, and the right kind of support, many emotionally avoidant men can learn to build deeper, more connected relationships.

The Cheer Booklet Initiative

by Lee Hunt



Deb Angus, who initiated and coordinates the Little Cheer Booklet initiative.

I first wrote about Deb Angus in 2015. At the time, Deb, who has suffered four concussions in her life, had established the Calgary Concussion Awareness Group. When COVID brought an abrupt and unwanted end to those in-person meetings, Deb switched the support group to an online entity.

At that same time, Deb decided to branch out to a more general audience with her Cheer Booklet Initiative. To that end, she has been incredibly busy collecting quotes and sayings which she gathers into an easily carried eight-page booklet each month. Some of the quotes pose humorous questions such as, "Why are they called apartments when they are all stuck together?", while others posit sound philosophy such as a quote from Charlie Chaplin in which he advised, "Whatever you are, be a good one." A shrewd observer of human body shapes noted, "Never wear skinny jeans if you don't have skinny genes."

Deb shared with me some of the inspiring feedback she has received regarding her booklets. One woman wrote that she "takes the Cheer Booklets to her sister's chemo appointments to help both of them immensely during those difficult times". A man told Deb that he passes the booklets on to his mother, "who reads them aloud with others in her seniors' building and it has now become a social event for them." As Deb hoped, her booklets have indeed become a source of hope and cheer for others.

Congratulations and thanks to Deb for your consistent endeavours to make our sometimes-frenetic world a more gentle and friendly place.

Congratulations!

by Lee Hunt



Eileen and Garry Purcell on their wedding day, August 2, 1975.

Congratulations to Brentwood residents Eileen and Garry Purcell who celebrated their 50th wedding anniversary on August 2, 2025. The pair was married in 1975 at Banff United Church. Right after the wedding, because Garry was a member of the Volunteer Fire Department, he and his bride were driven down Banff Avenue on the town fire truck – much to the delight of pedestrians and drivers.

Family and friends gathered to help celebrate Eileen and

Garry's 50th anniversary. Garry reminisced about their having met at the Banff Springs Hotel where Eileen was working and Garry was making deliveries. They also spoke of their favourite song, "It's a Wonderful World": in fact, they also sang it at this special occasion!

This positive outlook on life lead Eileen and Garry to Calgary in late 1975, then to Brentwood in 1985. The pair told me that, "the main reason we bought here was because of the three levels of schools so close by".

Their son Garry Jr. participated in the band programs at Simon Fraser Junior High and at Sir Winston Churchill High. In the Brentwood Community Association (BCA) he played t-ball, baseball, and hockey, while daughter Betty took part in the figure skating program offered by the BCA. Eileen volunteered at BCA Bingos and Casinos plus with her children's community activities.

Garry and Eileen also donated to our four large community murals over the years.

Career-wise, Garry joined the Calgary Fire Department where he started as a Junior Firefighter and worked all the way up to Captain. Eileen initially managed an



Eileen and Garry celebrate their 50th Anniversary

apartment block, then worked at the Brentwood Co-op in the deli and later in the meat department.

In addition to spending enjoyable time with their daughter, son, and three grandchildren, Eileen and Garry like taking frequent road trips to Saskatchewan to visit family. Laughlin, Nevada has also been a favourite destination over the years.

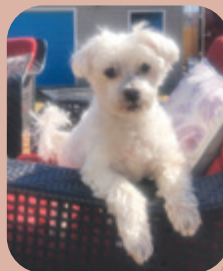
When I asked Eileen what qualities she most admires in Garry, she commented on his "strength and leadership," while Garry loves Eileen's "wonderful personality." Asked about the secret to 50 years together, the pair pointed to the importance of "understanding, a sense of humour, and especially working as a team."

It has been a privilege to live just down the street from Eileen and Garry for the past 40 years, and especially to receive their support on the mural projects.

We at *The Bugle* wish Garry and Eileen all the best!



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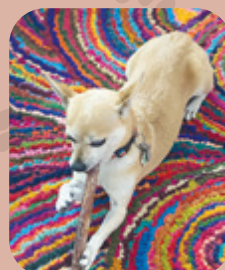
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BLACK & WHITE MECHANICAL LTD: Your local plumbing & gasfitting experts based in Charleswood. Specializing in tankless water heaters, hot water tanks, garage heaters, water softeners, renovations, and general repairs & installs. Licensed & insured. Call 403-389-6436, email brennan@bwmech.ca, or visit www.bwmech.ca.

E.G.K. CONTRACTING, RENOVATIONS, DEVELOPMENTS, HANDYMAN SERVICES (ONE CALL DOES IT ALL)! Drywall, taping, texturing, painting, tile work, t-bar ceilings, flooring, plumbing, water line breaks, flood and fire restoration, mold remediation, electrical and more. 40+ years of experience. Licensed, insured, carry W.C.B. B.B.B. accredited A+ rating. Check out my website at www.egkcontracting.com or call Erich at 403-606-2493.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

GUTTER DOCTOR! Home exterior service experts. Services include gutter cleaning, repairs, and installations as well as fascia, soffit, siding, roofing, cladding, heat cables, gutter guards, window cleaning, and pressure washing. Local business for over 23 years with more than 70,000 happy customers! Licensed, insured, WCB, A+ BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

OUT ON A LIMB PROFESSIONAL PRUNING: Tree and shrub pruning, shaping and restoration. Tree removal and stump grinding. New tree and shrub selection and installation. Rage + organic fertilizer application. Liquid worm casting treatments. Licensed & Insured. Journeyman Landscape Gardener and certified Arborist. Call Jim at 403-265-6965 or email outonalimbprofessionalpruning@live.ca.

WHITE LILY COUNSELLING: Sometimes life feels heavy, confusing, or exhausting, and you feel like no one listens. That's where we come in. We support children, teens, and adults with anxiety, depression, grief, trauma, ADHD, and ASD. We also help families find healthier ways to talk and connect. Counselling in Calgary or online across Alberta. 587-713-9468, rania@whitelilycounselling.ca, <http://www.whitelilycounselling.ca>.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



100 votes behind Sean Chu in 2021.

**Bringing your voice back
to City Hall in 2025.**

Advance Vote Oct 6-11, Election Day Oct 20

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VARSITY—50 STREET.....SOLD for 99% of asking price

ON THE MARKET



**42 COLLINGWOOD PLACE NW
(COLLINGWOOD)**

An outstanding brand new luxury home in the heart of Collingwood! >3,000 sq.ft. of opulent living space - stacked with plenty of features the builder has planned and executed meticulously throughout the process. At the center is a chef's kitchen

with an oversized island, quartz counters and backsplash, LED-under-lighting, full-height cabinetry and a pot-filler above the 36" gas range. A coffee bar with cabinetry and a beverage fridge adds convenience. This home has a legal 2 bedroom basement suite and a double attached garage. Separate furnace systems, with AC installed for the main dwelling unit. Close to the Calgary Winter Club.

Asking \$1,269,000



**3152 BLAKISTON DRIVE NW
(BRENTWOOD)**

Charming bi-level family home offers approx. 1,960 sq.ft. of total comfortable living space, including 5 total bedrooms and 2 full bathrooms. Live upstairs and rent out the basement – the lower 2 bedroom

illegal suite with a separate walkup entrance. Upgrades including high quality water proofing, LVP flooring on main floor and laminate floor in basement, exterior siding on home and garage (2021), windows and doors (2018), electric panel upgrade (2003), new hot water tank (2023) and shingles replaced (2021). Close to all amenities.

Asking \$779,900 mls# A2247457



SCENIC ACRES- SCENIC HILL CLOSE

Prime corner lot in Scenic Acres, perfect family home. Beautifully maintained and extensively upgraded 1,923 sq.ft., 3 bedroom / 3.5 bathroom two-storey split home. The main level features vaulted ceilings and bayed windows in the spacious living and dining rooms, flooding the space with natural light. The vaulted ceiling in the kitchen offers vertical space and airflow, and there is a large walk-in pantry. The fully finished basement offers a spacious rec room, private office/den, and an additional 3-piece bathroom—ideal for guests or a home workspace.

Asking \$724,900 mls# A2231744

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